September 2025

Montrose Health Center Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
You are never too old to take a hayride!	1 *Daily Chronicles* *Word Puzzles* Labor Day	2 *Daily Chronicles* 10:00 Praying Grandparents 10:30 Rodeo Crafts: Cowboy Hats 11:45 Table Talk 2:30 Pina Coladas at Happy Hour	3 *Rodeo Dress Up* *Daily Chronicles* *10:30 Rodeo Trivia* *11:45 Table Talk* *2:15 "Cowboy Cool" Treats* *6;30 Evening Games*	4 *Rodeo Dress Up* *Daily Chronicles* *10:30 Read Aloud* *11:45 Table Talk* *2:15 FM Rodeo History on YouTube*	5 *Rodeo Dress Up* *Daily Chronicles* *10:30 Bible Study* *11:45 Table Talk* *1:30 Gene Autry on YouTube "Back in the Saddle Again" & more*	6 *Rodeo Dress Up* *Daily Chronicles* *11:00am* *Iowa vs. Iowa State FB on Fox Sports* *Doreen C. B'day*
7 *RWB Week* *Environmental Services Week* *Daily Chronicles* *1:30 Grandparents Day Fun* 5:30 Bernice's Piano Hymns Grandparents Day	8 *RWB Week* *Environmental Services Week* *Daily Chronicles* 10:00 Praying Grandparents 10:30 Basic Training Stretches 11:45 Table Talk 2:15 Bingo *Jen Humes B'day*	9 *RWB Week* *Environmental Services Week* *Daily Chronicles* 10:30 Boot Camp for Seniors 11:45 Table Talk 2:00 Keosippi Kickers Line Dancers *Patty Wilson B'day*	10 *RWB Week* *Environmental Services Week* *Daily Chronicles* *10:15 OWLS Bus Trip to LCC* 1:30 Patriotic Crafts	11 *RWB Week* *Environmental Services Week—Milkshakes for Lunch* *Daily Chronicles* *10:30 Patriotic Iowans* 1:30 Patriotic Coloring 4:00 Living Waters Church	12 *RWB Week* *Environmental Services Week* *Daily Chronicles* 10:30 Bible Study worksheet PM—Puzzles 2:15 Happy Hour	13 *RWB Week* *Environmental Services Week* *Daily Chronicles*
14 *Daily Chronicles* 5:30 Bernice's Piano Hymns	15 *Daily Chronicles* 10:00 Praying Grandparents 10:30 Let's Move! 11:45 Table Talk 1:30 Noisy Neighbors	16 *Daily Chronicles* 10:00 Cooking w/ Diana & Laura: Apple Butter 11:45 Table Talk 1:30 Fiesta Flowers & Fried Ice Cream	17 *Daily Chronicles* *10:30 YouTube: LST-235* *11:45 Table Talk* *2:15 Happy Hour* *6:30 Evening Games*	18 *Summer Send Off: Cheeseburgers!* *Daily Chronicles* *10:30 Resident Council* *11:45 Table Talk* 1:30 Silver Steppers Line Dancers	19 *Daily Chronicles* 10:30 Bible Study 11:45 Table Talk 1:30 Brent Inskeep & Wilbur Quinn: Keokuk National Cemetery *Patricia Rippenkroeger B'day*	20 *Daily Chronicles* *Bonnie P. B'day* Oktoberfest Begins
21 *Daily Chronicles* 2:00 Nazarene Church 5:30 Bernice's Piano Hymns *Laurena H. B'day*	22 *Daily Chronicles* 10:00 Praying Grandparents 10:30 Fall Stretches 11:45 Table Talk 2:15 September Birthdays TeaTime *Teresa Baker B'day* Rosh Hashanah Autumn Begins	23 *Daily Chronicles* *10:30 Before or After 1950* *11:45 Table Talk* *2:15 You Tube Fun: Argyle 1943*	24 *Salad Bar!* *Daily Chronicles* 10:00 Front Porch Apple Butter Treats 1:30 Cards & Games & Popcorn *Bernice H. B'day* *Madison Rudd B'day*	25 *Daily Chronicles* *10:30 Word Guess Game* *11:45 Table Talk* *1:30 TV Snacks* *Jean H. B'day*	26 *Daily Chronicles* *9:30 Bus Trip* *1:30 Front Porch Coffee*	27 *Daily Chronicles*
28 *Daily Chronicles* 12:45 Remembrance 5:30 Bernice's Piano Hymns	29 *Daily Chronicles* 10:00 Praying Grandparents 10:30 Bean Bags 11:45 Table Talk 2:15 Bingo	30 *Daily Chronicles* 10:30 Trivia *11:45 Table Talk* 2:00 Over the Hill Gang music *Shelby Rooney B'day* *Sheldon Rooney B'day*				